

## Cycles of Healing

is an annual training event, hosted by Harmony Adoptions and ASAP, that focuses on different concerns for families and professionals. Each year, we strive to provide excellent training opportunities to East Tennessee for little or no cost to families.

### Dr. Katharine Leslie, Ph.D.



Katharine P. Leslie, Ph.D., CFLE, has a doctorate in Developmental Psychology, and national certifications as a family life educator, parent educator, trauma and loss in children specialist, and family mediator. Her areas of expertise

include child development, parenting education, parent-child relationships, and abnormal socio-emotional development of abused/neglected children. In addition, Dr. Leslie is a wife of twenty-four years and the adoptive mother of four special needs children.

As owner of *Brand New Day Consulting*, Dr. Leslie provides workshops and seminars, curricula and program development, and research and technical assistance to a variety of agencies and organizations throughout the United States and Canada. As an expert witness on attachment she has assisted the courts with many child placement issues. Her mode of in-home parent coaching has helped hundreds of stressed and in-crisis families.

Dr. Leslie is a highly sought after international speaker who presents at over thirty conferences and training venues yearly. Her publications include "When a Stranger Calls You Mom," "Coming to Grips With Attachment: The Guidebook for Building Mutual Well-Being in Parent-Child Relationships;" "What I Love About You: A child's storybook photo album;" "Parent Tip Strips: comic bookmarks."

You can learn more about Dr. Leslie at [www.brandnewdayconsulting.com](http://www.brandnewdayconsulting.com)

131 Cherokee Heights Dr.  
Martyville, TN 37801



## Cycles of Healing

*Education and hope for adoptive  
and foster families.*



**Dr. Katharine Leslie, Ph.D.**  
*Living and Working with  
Challenging Children*  
**June 3, 2010**

*at the Holiday Inn Select  
304 Cedar Bluff Road, Knoxville TN  
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## Description of Training



Children with a history of abuse, neglect, and chaos pose many challenges to foster/adoptive parents and child welfare professionals. These children are typically highly resistant to traditional parenting and therapeutic practices, display a range of seemingly uncontrollable negative behaviors,

and PTSD symptoms. Dr. Leslie will summarize current research on:

- The impact of abuse and neglect on the brain, the body, and developmental tasks
- How trauma impacts the capacity to form healthy relationships with self and others
- Interventions for trauma and attachment difficulties and
- Leslie's Five Point Star program for creating attachment friendly environments, simplifying daily life, reducing family conflict, and improving the quality of the parent-child relationship.

### This conference will be held at:

Holiday Inn Select  
304 Cedar Bluff Rd., Knoxville, TN

### For more information contact:

Shea Watts  
131 Cherokee Heights Drive  
Maryville, TN 37801

**Phone:** (865) 273-4468

**Fax:** (865) 982-5950

**Email:** swatts@harmonyadoptions.org

*Space is limited, so please be sure to return this form with payment by Wednesday, May 26, 2010.*

## Conference Details

Thursday, June 3, 2010

- 8:00-8:30 Registration and Continental Breakfast
- 8:30-10:00 Session I: "The Infant Brain: How early childhood experiences shape who we are."
- 10:00-10:15 Break
- 10:15-12:00 Session II: "Attunement, Attachment, and the Self: Effect of trauma on social/emotional development."
- 12:00-1:00 Lunch
- 1:00-2:30 Session III: "Behavior Management Techniques for the Classroom, Home, and Clinical Settings."
- 2:30-2:45 Break
- 2:45-4:00 Session III Continued
- 4:00-4:30 Wrap-up and Evaluations

## Price List

- \$20.00 I am an adoptive parent or foster parent, and I would like to attend your conference. (\$20 each parent/\$40 per couple)
- \$50.00 I am a professional and would like attend your conference and earn CEU's provided through NASW (will receive a certificate of completion)
- I would like to reserve one exhibit space for my group or agency at the price of \$80.00. Each purchase of booth space includes one professional pass.



**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_

**Phone:** \_\_\_\_\_

**Email:** \_\_\_\_\_

*Space is limited, so please be sure to return this form with payment by Wednesday, May 26, 2010.*

### Method of Payment

Check  Money order

### Cycles of Healing

Living and Working with Challenging Children

### Harmony Adoptions

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